

## Recreation Initial Assessment

### PAST AND PRESENT LEISURE INTERESTS

#### ACTIVITY LIST QUICK REFERENCE

C = Current interest; wishes to continue participating  
 P = Past interest; no wish to pursue again

LE = Never done; expresses interest now  
 LE = Past interest; requires leisure education for participation

<b>Cognitive</b>	Ind	1/1	Sm grp	Lg grp
<b>Reading</b>	C			
Crossword puzzle				
Current events	C			
Jigsaw puzzle				
Bridge				
Discussion group				
Bingo				
Museums				
Other 1 _____				
Other 2 _____				

<b>Social</b>	Ind	1/1	Sm grp	Lg grp
<b>Socializing</b>				
<b>Volunteer/help others</b>				
Singing group				
Board games				
Social dancing				
<b>Shopping</b>				
Dining out				
Holiday celebrations				
<b>Card games</b>		LE		
<b>Drive/outings</b>				
Picnicking				
Gambling	P			
Other 1 _____				
Other 2 _____				

<b>Passive Activities</b>	Ind	1/1	Sm grp	Lg grp
Watching movies				
<b>Listening to music</b>				
Watching the news	C			
<b>Watching TV</b>	C			
Talk radio (listening)	C			
Watching sports				
Talking books(listening)				
Other _____				

<b>Physical</b>	Ind	1/1	Sm grp	Lg grp
<b>Walking</b>				
Horse shoes			P	
Swimming				
<b>Gardening</b>		LE		
<b>Exercise group</b>				
Bowling				
Carpet bowling				
Pool/billiards				
Shuffleboard				
Auto repair	P			
Fishing	P			
Other 1 _____				
Other 2 _____				

<b>Spiritual/Emotional/ Creative</b>	Ind	1/1	Sm grp	Lg grp
<b>Spiritual/religious</b>			LE	
House plants				
Relaxation				
<b>Crafts</b>				
Painting/drawing				
Needlework				
Woodworking				
Collections	P			
Plays/concerts				
Creative writing				
Pottery/ceramics				
Musical instruments				
Knitting/crocheting				
Baking/cooking				
Pets	P			
Travelling				
Poetry				
Flower arranging				
Sensory stimulation				
Other 1 _____				
Other 2 _____				

Initial	Signature / Credential	Date
<b>Doe</b>	<b>John 123</b>	<b>1 A</b>
Last	First Patient No.	Room No. Bed

Facility Name Here

Measurable Assessment in Recreation for Resident-Centered Care © S Boothman